

✪ Army ✪ Navy ✪ Air Force ✪ Marines ✪ Coast Guard ✪ Merchant Marines ✪

The Seventh Annual
**East Windsor
Veterans Day 5K Road Race**

**Saturday, November 04, 2006
10:00 am (regardless of weather)**

SEED RACE FOR THE THANKSGIVING DAY MANCHESTER ROAD RACE



Schedule:	Saturday, November 04, 2006	Awards:	Cash prizes: Top 3 Male / Female overall
8:00 am	Number pickup and late registration		Other prizes:
9:30 am	Veterans' Day memorial service		Top 3 Male / Female veteran
10:00 am	5K Start		Top 3 Male / Female in each age division
10:45 am	Awards and refreshments at Town Hall		
Start / Finish:	East Windsor Town Hall 11 Rye Street, Broad Brook CT	Amenities:	USATF Certified course # CT 00025DR
Course:	Old Ellington Rd. to Norton Rd. to Deerfield Dr. to Omelia Rd. to Rye St..		Chip timing
Race Fees:	AGES 0 THRU 17: \$6 Up to and including Race Day. AGES 18 THRU 100: \$11 / pre-registration, postmarked by Oct. 28, 2006 After October 28, 2006 and on race day: \$15		Water station on the course
Directions:	Take I-91 exit 45 to Rt-140 East toward Warehouse Point / Ellington. Follow 140 east for approximately 3.8 miles, then turn right at the light onto Rt-191 / Main Street. Keep going straight (Main Street becomes Rye Street) for approximately 1.0 miles. Bear right at fork in front of St. Catherine's Church. Town Hall and parking will be on your left.		Refreshments after the race
Information:	Online: www.eastwindsor-ct.gov . Call the First Selectman's office at (860) 623-8122, 8:30am to 4:30pm.		T-shirts for the first 200 registered
			Approved Seeding Race for the Manchester Road Race

Veterans Day 5K Registration Form Nov. 04, 2006

Make checks payable to: "East Windsor Veterans Commission", P.O. Box 191, Broad Brook, CT 06016-0191

PLEASE PRINT ALL INFO BELOW

Name: _____ () Male () Female
Address: _____ Age on Race Day: _____
City, St. _____ Home Phone: _____
Circle T shirt size M L XL XXL Are you a veteran? Branch of service: _____

Waiver: In consideration of my entry, I, my executors, heirs, administrators, and assignees do hereby waive and release the Town of East Windsor, the Veterans Commission, the Race Directors, the race timer(s) and their employees, volunteers, officials, and any sponsors for all claims arising out of my participation in this event or its related activities. I attest and verify that I have full knowledge and understanding of the risks involved in this event and that I am in sufficiently good physical health and sufficiently trained to participate.

Signature _____ Date _____

If under 18, Signature of parent or guardian _____ Date _____